

**Arlington Alumnae Chapter
Delta Sigma Theta**



DELTA GEMS 2009/2010

Program Description

Delta GEMS: Growing and Empowering Myself Successfully: A natural outgrowth and expansion for the continuation of the highly successful Dr. Betty Shabazz Delta Academy, Delta GEMS was created “to catch the dreams” of our African American at-risk, adolescent girls aged 14-18. Delta GEMS provides the framework to actualize those dreams through the performance of specific tasks that develop a ‘CAN DO’ attitude.

The goals for Delta GEMS are:

- To instill in our girls the need to excel academically;
- To provide tools that will enable our girls to sharpen and enhance their skills to achieve high levels of academic success;
- To assist our girls in proper goal setting and planning for their futures – high school and beyond; and
- To create compassionate, caring and community minded young women by actively involving them in service learning and community service opportunities.

The Delta GEMS framework is composed of five major components (Scholarship, Sisterhood, Show Me the Money, Service and Infinitely Complete), forming a road map for college and career planning. Each component is designed to provide interactive lessons and activities that provide opportunities for self-reflecting and individual growth. The topics within the components include but are not limited to: self-esteem building; personal health; developing healthy relationships; how to take notes and study; career planning; completing college applications; dressing for success; interviewing for a job; and writing a job resume.

GEMS designed for:

- Young women age 14 – 18 and/or in grades 9 through 12
- Young women who have potential, but need guidance, support and skills to achieve success
- Young women who are interested in developing leadership skills
- Young women who are actively pursuing college and/or career options
- Young women who need encouragement and support in pursuit of higher learning
- Young women identified by schools, churches, youth groups and/or former Delta Academy participants

Application and Selection Process

1. Applications must be postmarked, emailed or delivered to your school counselor on/before September 11, 2009:

**Delta Sigma Theta Sorority
Arlington Alumnae Chapter
P. O. Box 2110
Arlington, TX 76004
Attn: 2009 Delta GEMS**

Please note: Any applications received after the stated deadline will be reviewed on a case by case basis.

2. Students who submit a complete application will be contacted and asked to attend the orientation.
3. Students will be notified of acceptance into the program no later than September 25, 2009.

If you have any questions regarding the program or application, please contact Beverly Wanza at (817) 905-2414 or Kimberly Anderson at (817) 690-1014 or email us at dstarlingtonalumnae@hotmail.com.

*Arlington Alumnae Chapter
Delta Sigma Theta*



**GEMS (Growing and Empowering Myself
Successfully)
2009-2010 Program Application**

Date: _____

Name: _____

Street Address: _____

City/State/Zip Code _____

Phone numbers: (H) _____ **(C)** _____

E-mail address: _____

Date of Birth: _____ **Age:** _____

Grade: _____ **School:** _____

Do you have a part-time job? If yes - please list your work schedule.

**Are you currently involved in any extra-curricular activities at your school? If so, list
Hobbies/Activities/Memberships/Community Service:**

What do you plan to do after you graduate from high school?
